

SPERO SKY:

Short-Term Stabilization For A Smooth Transition

Spero Center's Sky program is a safe and secure setting for short-term stabilization and assessment. We treat adults 18 and older with a 7- to 14-day average stay, providing a "gentle landing" before they transition to one of The Meadows' sister programs.

WE TREAT:

- Current suicidal ideation
- Recent suicide attempts or manic episodes
- Substance-induced psychosis
- Interventions & substance detox
- Ongoing med changes requiring close observation

Exclusionary Criteria: To maintain the therapeutic environment of care, all patients must be willing to admit, appropriate for transfer within < 14 days, able to complete all ADLs without assistance or prompting, and willing to discuss medications when the treatment of choice.

In-network with Multiplan/PHCS/HMN/AMN/RAN, TRICARE