Spero Center
AT THE MEADOWS

SPERO RIVER:

Gentle, Collaborative, Meadows-Level Treatment

Spero Center at The Meadows' River or Residential program was created for anyone who needs a more individualized treatment plan or a gentler approach. Our customizable care allows each River patient to address their specific needs in a safe place where they can heal and grow.

WE TREAT:

- Adults 18 and older
- Clinically complex presentations
- Complex trauma
- Complex depression, anxiety, bipolar
- Obsessive-compulsive disorders
- Non-suicidal self-injury
- Mature adults who may not thrive in other programs

Exclusionary Criteria: *To ensure excellent care for all, we are unable to offer all approaches (e.g. DID integration, exclusive DBT, ABA, ECT, TMS) at this time.*

In-network with Multiplan/PHCS/HMN/AMN/RAN, TRICARE